



THE TEACHER EDIT.

Back to School
C H E C K L I S T

FREE DOWNLOAD

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C H E C K L I S T

Give your child as much ownership as possible by organising their own belongings, help create routines they can follow every morning, and empower your child to feel confident and ready for starting school.

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WEEK BEFORE

- Purchase stationery
- School bag washed/purchased
- Summer uniform & shoes check
- Purchase uniform if required
- Find or purchase a lunchbox & water bottle
- Talk about what healthy food items your child would like in their lunch
- Name** all uniform including hat, shoes and waterbottle
- Name** all stationery & books (cover if required)
- Swimming togs, towel, goggles - if your school has a swimming programme
- Go to the school and talk about where they will go to be collected at the end of the school day.
- Bed time routines

NIGHT BEFORE

- School uniform laid out ready for the morning
- School shoes at the front door & school hat ready
- School bag & stationery ready
- Get your child to fill their own water bottle the night before and get them to put it in their bag in the morning.
- Get your child to help pack/prepare their lunch for the next day
- Go over their morning routine:
(Tip: Use a watch/clock and talk to them about time - never too young to start learning)
 - What time to wake up
 - What time breakfast is
 - What time they need to leave the house to get to school
 - Talk them through the morning to make their first day go as smoothly as possible.
 - Talk to them about who will pick them up after school. Where you will meet etc.